

## **INSTRUCTION**

### **in cases of an immediate threat to life or health of students or doctoral students at the Nicolaus Copernicus in Torun**

If you feel that there is an immediate threat to life or health of persons located on the University premises (e.g. the behavior of a person indicates that they could pose a threat to their own life or health, or life or health of other people), follow the instructions below:

1. Remain calm.
2. Secure the place of an incident (if necessary).
3. If there are other persons, ask one of them to stay.
4. Take care of your own safety and safety of people in the immediate surroundings.

No one should stay alone with a potentially dangerous person.

5. If the situation so requires, provide premedical first aid.
6. Get help. Call one of the emergency numbers:

112- Emergency Call Center

999- Emergency Medical Services

997- Police

998- Fire Service

Inform an operator about the situation and medical status of the person you are aiding.

7. Follow the recommendation and instructions of the emergency services operator.
8. Inform your superior, administration or reception of the building about the actions taken.
9. Wait for emergency services to arrive.
10. It is advisable to accompany the person in danger until the emergency services arrive. In the meantime, if the situation so requires, continue to provide premedical first aid.
11. Inform the Deputy Rector for Student and Doctoral Student Safety about the event:  
dr Magdalena Kalińska, tel. 607 55 06 08.
12. If the emergency services refuse to take the person for whom you got help, ask for written confirmation of assistance refusal.